

Nooner

(SERVED AT 11:00AM)

Cup of Soup: Soup of the Day 6 / Navajo Corn Chowder 7

Bowls

Quinoa Bowl (ADD PROTEIN FOR ADDITIONAL CHARGE)

QUINOA, KALE, SWEET SRIRACHA, CARROTS, BLACK BEANS, CORN & RED PEPPERS _____ 14.00

Teriyaki Chicken Bowl

BROWN RICE, QUINOA, GRILLED PINEAPPLE, SHAVED CARROTS, SNAP PEAS, & EDAMAME _____ 16.00

Salads

Filet Mignon Chop Salad*

SEARED BEEF TIPS, MIXED GREENS, CHOPPED EGG, BLEU CHEESE CRUMBLES, TOMATOES, AVOCADO, BACON, CRISPY ONIONS & BLEU CHEESE VINAIGRETTE _____ 19.00

Grayhawk

GRILLED CHICKEN, GARDEN GREENS, ANGEL HAIR PASTA, TORTILLA STRIPS, CARROTS, CLANTRO LIME DRESSING & THAI PEANUT SAUCE _____ 17.00

Super Greens and Quinoa Salad

QUINOA, SLICED CHICKEN, CABBAGE, CHICKORY, BROCCOLI, BRUSSELS SPROUTS, DRIED CRANBERRIES, CINNAMON ALMONDS & POPPY SEED DRESSING _____ 17.50

Sandwiches

Tuna Salad

SHREDDED LETTUCE, TOMATO, TOASTED WHOLE WHEAT BREAD _____ 16.00

The Club

TURKEY, HAM, APPLEWOOD SMOKED BACON, LETTUCE, TOMATO, MUSTARD GRAIN MAYO, WHOLE WHEAT TOAST

Turkey Apple Brie Wrap

WHOLE WHEAT TORTILLA, OVEN ROASTED TURKEY, MIXED GREENS, BRIE, APPLES, SUGARED PECANS, SUN-DRIED CRANBERRIES, CRANBERRY SAUCE

* These items may be cooked to order and/or may contain raw ingredients. Consuming raw or uncooked eggs may increase your risk of foodborne illness.

*A 2.5% tax inclusive prop 206 fee will be applied to all food and beverage purchases

