

THE RIGHT FOOT (SERVED UNTIL 11:00 AM)

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| BREAKFAST BURRITO: SCRAMBLED EGGS, HAM, POTATOES, AGED CHEDDAR, & GARDEN SALSA | \$8.50 |
| MOJO BURRITO: SCRAMBLED EGGS, CHICKEN CHORIZO, SWEET POTATOES, CORN, SPINACH, & PEPPER JACK CHEESE | \$9.50 |
| TURKEY & BRIE OMELETTE: SCRAMBLED EGGS, TURKEY, SPINACH, MUSHROOMS, AVOCADO, & BRIE | \$9.75 |
| SKINNY FRITTATA: EGGS, PESTO SAUCE, SPINACH, PORTOBELLO MUSHROOMS, MOZZARELLA, ARTICHOKES, & SUNDRIED TOMATOES | \$8.00 |
| FRIED EGG SANDWICH: FRIED EGG, RED PEPPERS, CRISPY BACON, ARUGULA, CHIPOTLE AIOLI, TOASTED BUN | \$9.00 |
| HITCHHIKER: ENGLISH MUFFIN, SCRAMBLED EGGS, TOMATO, & HERB MAYO, W/ CHOICE OF BACON, HAM, TURKEY, OR AVOCADO | \$9.50 |
| WHOLE WHEAT PANCAKES: PANCAKES WITH WHIPPED BUTTER & WARM MAPLE SYRUP | \$7.00 |
| ADD STRAWBERRIES OR BANANA & GRANOLA ~ | \$8.00 |
| FRENCH TOAST STICKS: FRENCH TOAST STICKS WITH WHIPPED BUTTER & WARM MAPLE SYRUP | \$6.00 |
| THE SCRAMBLER: THREE EGGS OF YOUR CHOICE, BACON & TOAST | \$8.00 |

NOONER (SERVED AT 11:00)

QUINOA BOWL~\$10.00

SWEET SRIRACHA: QUINOA, KALE, SPINACH, CARROT, CORN, RED PEPPER, MUSHROOM

SALADS~\$10.00

QUILL CREEK: MIXED GREENS, SLICED PEARS, STRAWBERRIES, GRANOLA, BLEU CHEESE CRUMBLES AND RASPBERRY DRESSING

GRAYHAWK: GRILLED CHICKEN, GARDEN GREENS, ANGEL HAIR PASTA, TORTILLA STRIPS, CARROTS, CILANTRO LIME DRESSING AND THAI PEANUT SAUCE

KALE: GRAPES, CORN, RED BELL PEPPERS, HONEY ROASTED SUNFLOWER SEEDS AND HONEY MUSTARD CHAMPAGNE VINAIGRETTE

SANDWICHES~\$12.00 (SERVED WITH SIDE OF CHIPS)

HOPI CLUB: TURKEY, HAM, BACON, LETTUCE, TOMATOES, AND MUSTARD-GRAIN MAYONNAISE SERVED ON YOUR CHOICE OF BREAD

TUNA SALAD: LETTUCE, TOMATOES, MAYONNAISE AND ONIONS SERVED ON YOUR CHOICE OF BREAD

TURKEY APPLE BRIE WRAP: WHOLE-WHEAT TORTILLA, OVEN ROASTED TURKEY, MIXED GREENS, BRIE, APPLES, SUGARED PECANS, SUNDRIED CRANBERRIES AND CRANBERRY SAUCE